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|---------|------------------------|---------------------------------|----------------------------|----------------------------|
| Tracks: | 1 CENTRAL NERVE BLOCKS | 2 CHRONIC PAIN MANAGEMENT | 3 PERIPHERAL NERVE BLOCKS | 4 GENERAL |
| | 5 OBSTETRIC | 6 POSTOPERATIVE PAIN MANAGEMENT | 7 PAEDIATRIC | |
| Legend: | ESRA SESSION | INDUSTRY SUPPORTED SESSION | HANDS ON CLINICAL WORKSHOP | HANDS ON CADAVER WORKSHOPS |
| | LIVE DEMONSTRATIONS | Interactive Voting in App | | |

ESRA 2018 - Scientific Programme

| WEDNESDAY 12 September 2018 | | | | | | |
|-----------------------------|--|--|---|--|---|--|
| TIMING | LIFFEY A | LIFFEY HALL 2 | LIFFEY MR 2 | LIFFEY HALL 1 | ECO GEM ROOM | WICKLOW HALL 2A & 2B |
| 8.30 - 9.20 | <p>Networking Session 01: Pain Syndromes Prevalent in Women</p> <p>CHAIR: J. De Andres (Spain)</p> <p>Genetic, biological and hormonal differences, the cause? J. Moore (UK)</p> <p>The pelvic floor as a clinical entity E. Baurtrant (France)</p> | <p>Pro Con Debate 01: Is there a role for a nerve stimulator in peripheral regional anaesthesia?</p> <p>CHAIR: A. Borgeat (Switzerland)</p> <p>PRO: S. Mannon (Ireland)</p> <p>CON: L. Moran (Ireland)</p> | <p>Refresher Knowledge 01: What's new in Intraneural Injections? Basic research</p> <p>M.A. Reina (Spain)</p> | <p>Problem Based Learning Discussion 01: Neuraxial anaesthesia for prolonged orthopaedic operations: finetuning the technique, or Epidural anaesthesia for prolonged orthopaedic surgery: how far can we push?</p> <p>E. Mariano (USA)</p> | <p>Refresher Knowledge 02: Neurocognitive effects of anaesthesia in the neonate and geriatric patient.</p> <p>S. Devroe (Belgium)</p> | |
| 9.30 - 10.20 | <p>Taxonomy in Visceral chronic pelvic pain: endometriosis and vulvodynia; Irritable bowel syndrome and interstitial cystitis. How different are they? D. Moore (Ireland)</p> <p>Rationale for Neuromodulation of Chronic abdomino Pelvic Pain management J. De Andres (Spain)</p> | <p>Pro Con Debate 02: Toracoabdominal analgesia in Pediatrics</p> <p>CHAIR: P.A. Lonnqvist (Sweden)</p> <p>PRO: Neuraxial B. de José Maria (Spain)</p> <p>CON: Serratus Plane Block L. Thielems (The Netherlands)</p> | <p>Refresher Knowledge 03: Regional anesthesia monitoring</p> <p>J. Børglum (Denmark)</p> | <p>Problem based learning discussion 02: Major Obstetric hemorrhage</p> <p>B. Carvalho (USA)</p> | <p>Refresher Knowledge 04: Whats new in ophthalmic regional anesthesia</p> <p>O.Y. Çök (Turkey)</p> | |
| 10.30 - 11.00 | MORNING BREAK on Level 1 + 2 Foyer | | | | | |
| 11.00 - 11.50 | <p>Networking Session 02: Regional anaesthesia and patient safety</p> <p>CHAIR: B. Kinirons (Ireland)</p> <p>Adjuncts to local anaesthetics: are all mixtures safe? E. Albrecht (Switzerland)</p> <p>Anticoagulation in the peri-operative setting: how to survive a bloody mess! B. Kinirons (Ireland)</p> <p>The trauma, ICU and unconscious patients: should be perform regional anaesthesia for a better outcome? L. Kirchmair (Austria)</p> | <p>Pro con debate 03: The increasingly important role of infiltrative techniques in postoperative pain management</p> <p>CHAIR: E. Mariano (USA)</p> <p>PRO: N. Rawal (Sweden)</p> <p>CON: A. Borgeat (Switzerland)</p> | <p>Refresher Knowledge 05: Trial Design and Endpoint Evaluation in Clinical Studies Addressing Chronic Back Pain</p> <p>P. Staats (USA)</p> | <p>Problem based learning discussion 03: The use of RA and Compartment Syndrome</p> <p>M. Wolmarans (UK)</p> | <p>Refresher Knowledge 06: Pediatric Orthopedic outpatient ambulatory Programme</p> <p>I. Galvez (Spain)</p> | |
| 12.00 - 12.50 | | <p>Pro Con Debate 04: Short acting LA for Spinal Anesthesia (SPA) in ambulatory surgery vs. Laryngeal Mask (LAMA)</p> <p>CHAIR: Y. Gürkan (Turkey)</p> <p>PRO: Short acting local anaesthetics for SPA are the future: for the patient and for health care costs A. Saporito (Switzerland)</p> <p>CON: LAMA for Ambulatory Anesthesia! The rest are just toys C. Lobo (Portugal)</p> | <p>Refresher Knowledge 07 Anatomical variations of brachial plexus and implications for clinical practice</p> <p>X. Sala Blanch (Spain)</p> | <p>Tips and Tricks 01: Continuous spinal anaesthesia in high risk patients</p> <p>X. Capdevila (France)</p> | <p>Refresher Knowledge 08: Deep - intermediate - superficial cervical plexus block for carotid endarterectomy</p> <p>M. Beaussier (France)</p> | |
| 13.00 - 14.00 | MID-DAY BREAK/ EXHIBITION/ E-POSTER VIEWING in the Exhibition area LUNCHEON SESSIONS 1-7 in Wicklow Hall 1 (Tickets Required) | | | | | |
| 14.00 - 14.50 | | <p>Pro Con Debate 05: Breast Surgery. Which regional anesthesia block?</p> <p>CHAIR: H. Frixelle (Ireland)</p> <p>PRO: Erector spinae block or other peripheral blocks? J. Børglum (Denmark)</p> <p>CON: Paravertebral J. McDonnell (Ireland)</p> | <p>Tips and Tricks 2: Regional anaesthesia in the acute and chronic pain patient: how to prevent rebound pain or pain chronification?</p> <p>B. Kinirons (Ireland)</p> | <p>Tips and Tricks 3: "Do. Or do not. There is no try." How to succeed in regional anaesthesia</p> <p>C. Lobo (Portugal)</p> | <p>Refresher Knowledge 09: Regional anaesthesia / Analgesia for thoracic surgery: current update</p> <p>E. Moka (Greece)</p> | <p>Pediatrics Workshop/OR - Regional anaesthesia in pediatrics for trauma and elective and trauma surgery of the upper limb</p> <p>WS Leader: G. Ivani (Italy)</p> |
| 15.00 - 15.30 | AFTERNOON BREAK in the Exhibition area | | | | | |
| 15.30 - 16.20 | | <p>Pro Con Debate 06: Analgesia after TKR, who performs the best one : Anesthetist vs Surgeon</p> <p>CHAIR: K. Vermeij (Belgium)</p> <p>Anaesthetist S. Bloc (France)</p> <p>Surgeon J. Villemot (France)</p> | <p>Networking Session 03 : Obstetric Anaesthesia: Always learning something new</p> <p>CHAIR: M. Van de Velde (Belgium)</p> <p>New horizons in neuraxial analgesia for labour pain relief (PIEB, DPE, Closed loop, etc...) M. Van de Velde (Belgium)</p> <p>Post C-section analgesia: What is new? N. Lucas (UK)</p> <p>FAST-TRACK anaesthesia for C-section P. Gautier (Belgium)</p> | <p>Free Papers Session 1 - Best Free Papers</p> | <p>Refresher Knowledge 10: Spinal Cord Stimulation in the Treatment of Acute and Chronic Vasculitis. Clinical Effectiveness?</p> <p>D. Correia (Portugal)</p> | <p>Pediatrics Workshop/OR - Blocks for lower limb and abdominal surgery</p> <p>WS Leader: B. José de Maria (Spain)</p> |
| 16.30 - 17.20 | | <p>Pro Con debate 07: Caudal block with US?</p> <p>CHAIR: PA Lonnqvist (Sweden)</p> <p>PRO: C Ecoffey (France)</p> <p>CON: G. Ivani (Italy)</p> | <p>Labor Epidural Revisited: potential maternal and fetal adverse effects</p> <p>B. Carvalho (USA)</p> | | | |
| 17.45-20.30 | <p>WELCOME CEREMONY</p> <p>Followed by the Networking Reception in the Exhibition</p> | | | | | |

THURSDAY 13 September 2018

| TIMING | LIFFEY A | LIFFEY HALL 2 | LIFFEY MR 2 | LIFFEY HALL 1 | ECO CEM ROOM | WICKLOW HALL 2A & 2B | WICKLOW HALL 1 | OFFSITE: Cadaver Workshops |
|---------------|---|--|---|---|---|---|---|--|
| 7:45-8:30 | | | | | SOCIAL MEDIA SESSION - The use of Twitter for Regional Anaesthetists | | | |
| 8.30 - 9.20 | <p>Networking Session 04: Obstetric Anaesthesia: Non-neuraxial labour analgesia: what does science tell us?</p> <p>CHAIR: N. Lucas (UK)</p> <p>Labour analgesia using parenteral opioids M. Van de Velde (Belgium)</p> <p>Non-pharmacological methods B. Carvalho (USA)</p> <p>Non-opioid analgesia for labour J. Loughrey (Ireland)</p> | <p>Pro Con Debate 08: Spine mediated pain.To medial branch lesion or not...</p> <p>CHAIR: S.Hayek (USA)</p> <p>PRO: A. Kansale (UK)</p> <p>CON: J. De Andres (Spain)</p> | <p>Refresher Knowledge 11: Spinal Cord Stimulation Failures: Underlying Mechanisms and Clinical Management</p> <p>P. Staats (USA)</p> | <p>Problem Based Learning Discussion 04</p> <p>The patient is not fit for a hair cut: Which RA to choose</p> <p>P. Merjavj (UK)</p> | <p>Networking session 05: EDRA Session - European Diploma Prep Sessions</p> <p>CHAIR: J.A. Aguirre (Switzerland)</p> <p>Blocks for shoulder and upper arm surgery: applying anatomy knowledge for a better clinical outcome J.A. Aguirre (Switzerland)</p> <p>Blocks for Elbow and hand surgery: applying anatomy knowledge for a better clinical outcome C Lobo (Portugal)</p> <p>Peripheral blocks for hip and knee surgery: applying anatomy knowledge for a better clinical outcome L. Delaunay (France)</p> | <p>Clinical Workshop/OR 1: Shoulder and Elbow surgery</p> <p>WS leader: U. Eichenberger (Switzerland)</p> <p>Rotator cuff repair (arthroscopic and open) [different approaches to the interscalene block; how not to block, tips and tricks] L. Mercadal (France)</p> <p>Shoulder prosthesis in the healthy and chronic obstructive lung disease (COLD) patient (how to place catheters and activate them later, alternatives to interscalene block) E. Albrecht (Switzerland)</p> | <p>Live demonstrations 1</p> <p>Axillary block and rescue blocks at the elbow / lower arm level</p> <p>L. Moran (Ireland)</p> | <p>Cadaver Workshops 1</p> <p>(8:00-11:00) WS Leader: P. Kessler (Germany)</p> <p>Table 1 Proximal upper extremity blocks (Interscalene, supra and infraclavicular) Y. Gurkan (Turkey)</p> <p>Table 2 Distal upper extremity blocks (axillary, ulnar, radial, median at elbow and wrist level) B. de Jose Maria (Spain)</p> <p>Table 3 Lower extremity blocks (femoral, adductor canal, saphenous, obturator, common peroneal and ankle block) J. Bruton (Ireland)</p> <p>Table 4 Lower extremity blocks (prox, distal sciatic-approaches, lumbar plexus, quadratus lumborum) J. Berglum (Denmark)</p> |
| 9.30 - 10.20 | | <p>Ask The Expert 01</p> <p>Lumbar spinal stenosis: therapeutic options review</p> <p>P. Staats (USA)</p> | <p>Refresher Knowledge 12: Neurobiological basis of multimodal therapy for Acute Postoperative Pain Treatment</p> <p>G. Votta Velis (USA)</p> | <p>Problem Based Learning Discussion 05</p> <p>PDPH and focal neurologic deficit after obstetric regional anesthesia/analgesia</p> <p>K. Theodoraki (Greece)</p> | <p>Peripheral blocks for foot surgery: applying anatomy knowledge for a better clinical outcome L. Kirchner (Austria)</p> <p>Central blocks for abdominal and thoracic surgery: applying anatomy knowledge for a better clinical outcome E. Mokka (Greece)</p> <p>Neuraxial vs general anaesthesia for total hip replacements: "and the winner is..." E. Mariano (USA)</p> <p>Abdominal wall other "fancy" blocks: applying anatomy knowledge for a better clinical outcome M. Wolmarans (UK)</p> | <p>Elective elbow surgery and elbow fracture [blocks for whole range motility of the arm and for patients with limited abduction; how to place catheters] H. Frizelle (Ireland)</p> <p>Tips and tricks from the expert for shoulder and elbow surgery [own experience, fancy new blocks, anatomic pearls, tricks for rescue etc] U. Eichenberger (Switzerland)</p> | <p>Live demonstrations 3</p> <p>Blocks for chronic pain</p> <p>E. Ortigosa (Spain)</p> | <p>Table 5 Ultrasound guided nerve blocks (supine) (Interscalene, infraclavicular, femoral, adductor canal block, quadratus lumborum) P. Gautier (Belgium)</p> <p>Table 6 Ultrasound guided nerve blocks (prone) (proximal and distal sciatic approaches, lumbar plexus, optional: paravertebral block) P. Kessler (Germany)</p> |
| 10.30 - 11.00 | MORNING BREAK/ EXHIBITION/ E-POSTER DISCUSSIONS in the Exhibition area | | | | | | | |
| 11.00 - 11.50 | <p>Networking Session 6: Obesity and Pain CHAIR: A. Vadalouca (Greece)</p> <p>Obesity and pain sensitivity. Potential mechanisms underlying the obesity-pain link E. Stavropoulou (Greece)</p> <p>Management of Chronic Low Back Pain in an Obese Patient J. De Andres (Spain)</p> <p>Migraine and body mass index categories. Different to treat? M. Matharu (UK)</p> <p>Visceral obesity and sensorimotor polyneuropathy (DSPN) S. Hayek (USA)</p> | <p>Refresher Knowledge 13 – Building the knowledge: anatomy, pathophysiology, imaging of possible causes of low back pain: cervical, lumbar and sacroiliac</p> <p>D. Provenzano (USA)</p> | <p>Networking session 07: The nerve as a target in Regional blocks. Intra-neural / paraneural, inside / outside, What else?</p> <p>CHAIR: L. Sermes (Belgium)</p> <p>Intra-neural but extrafascicular, anatomical insights for finding the target M.A. Reina (Spain)</p> <p>Does the terminology really matters? M. Karmakar (Hong Kong)</p> <p>Distance, volume , pressure or just block dynamics A. Krol (UK)</p> <p>Bioimpedance as a tool for regional anesthesia? O'donnell (Ireland)</p> | <p>11:00-12:00 Industry Supported Session 1</p> <p><i>Not included in the CME/ CPD accredited programme</i></p> | <p>Ask The Expert 02</p> <p>RA education and social media</p> <p>E. Mariano (USA)</p> | <p>Clinical Workshop/ OR 2: Lower arm, wrist and hand surgery</p> <p>WS leader: J. Aguirre (Switzerland)</p> <p>Basics of supra / infraclavicular blocks for lower arm / hand surgery J. Bruton (Ireland)</p> <p>Basics of axillary blocks for hand J.A. Aguirre (Switzerland)</p> <p>Hand surgery and my axillary block does not work!! How to rescue? S. Bloc (France)</p> | <p>Live demonstrations 2</p> <p>The interscalene block and alternatives to spare diaphragmatic function</p> <p>U. Eichenberger (Switzerland)</p> | <p>Cadaver Workshops 2</p> <p>(11:30-14:30) WS Leader: L. Moran (Ireland)</p> <p>Table 1 Proximal upper extremity blocks (Interscalene, supra and infraclavicular) L. Moran (Ireland)</p> <p>Table 2 Distal upper extremity blocks (axillary, ulnar, radial, median at elbow and wrist level) W. Armbruster (Germany)</p> <p>Table 3 Lower extremity blocks (femoral, adductor canal, saphenous, obturator, common peroneal and ankle block) Mome Wolmarans (UK)</p> <p>Table 4 Lower extremity blocks (prox, distal sciatic-approaches, lumbar plexus, quadratus lumborum) L. Kirchner (Austria)</p> <p>Table 5 Ultrasound guided nerve blocks (supine) (Interscalene, infraclavicular, femoral, adductor canal block, quadratus lumborum) O. Rontes (France)</p> |
| 12.00 - 12.50 | | | | <p>Problem Based Learning Discussion 06</p> <p>Broken foot injury and not fasting. Which analgesia for surgery</p> <p>A.Delbos (France)</p> | <p>Free Papers 2 - Obstetric</p> | <p>Tips and tricks from the expert: clever use of the ultrasound in the lower arm / hand OR L. Mercadal (F)</p> | <p>Live demonstrations 4</p> <p>Pearls in pediatric regional anaesthesia</p> <p>B. de José Maria (Spain)</p> | <p>Table 6 Ultrasound guided nerve blocks (prone) (proximal and distal sciatic approaches, lumbar plexus, optional: paravertebral block) E. Ortigosa (Spain)</p> |
| 13.00 - 14.00 | MID-DAY BREAK/ EXHIBITION/ E-POSTER VIEWING in the Exhibition area | | | | <p>13:00-14:30 Industry Supported Session 2</p> <p><i>Not included in the CME/ CPD accredited programme</i></p> | MID-DAY BREAK/ E-POSTER VIEWING/ VISIT THE EXHIBITION | | |
| 14.00 - 14.50 | <p>Tips and Tricks 04: How to turn Pediatric regional anesthesia into a child's play!</p> <p>S. Mannion (Ireland)</p> | <p>Pro con debate 09: The role of block room</p> <p>CHAIR: B. Nicholls (UK)</p> <p>PRD: C. Lobo (Portugal)</p> <p>CON: L. Turbitt (Ireland)</p> | <p>Refresher Knowledge 14</p> <p>Chronic pain – Building the knowledge: fluoroguided and US guided diagnostic blocks of facets, nerve roots (transforaminal and caudal, adhesiolysis methods) and disks</p> <p>D. Provenzano (USA)</p> | <p><i>Not included in the CME/ CPD accredited programme</i></p> | <p>Ask The Expert 03</p> <p>Paediatric ambulatory surgery: the role of RA</p> <p>B. de José Maria (Spain)</p> | | <p>Live demonstrations 5</p> <p>Lung and diaphragm assessment with the ultrasound: you would never believe what you can see!</p> <p>A. Makris (Greece)</p> | |

| 15.00 - 15.30 | | AFTERNOON BREAK/ EXHIBITION/ E-POSTER DISCUSSIONS in the Exhibition area | | | | | Cadaver Workshops 3 | |
|---------------|---|--|--|--|---|---|--|--|
| 15.30 - 16.20 | <p>Networking Session 08: Is there a role for regional anaesthesia to prevent cancer recurrence - ESRA- ASRA Panel on Cancer Recurrence and Choice of Anesthesia/Analgesia</p> <p>CHAIR: M.Johnson (Ireland)</p> <p>An update in translational research in regional anaesthesia M.Johnson (Ireland)</p> <p>The role of Regional anaesthesia and cancer recurrence A. Missair (USA)</p> <p>Role of Pain Medications / IV Lidocaine Infusions on Cancer Recurrence G. Votta Velis (USA)</p> <p>Prostate / bladder cancer A. Gottschalk (Germany)</p> | <p>Tips and Tricks 05: Phantom Pain. Treatment options: a clinical algorithm?</p> <p>D. Provenzano (USA)</p> | <p>Networking Session 09: Intrathecal Drug Delivery (IDD) in the Management of Chronic Pain</p> <p>CHAIR: E. Buchser (Switzerland)</p> <p>CSF circulation and impact on drug distribution C. Perruchoud (Switzerland)</p> <p>Ligands and neurotransmitters in the spinal cord. Future targets for IDD therapy? S. Hayek (USA)</p> <p>Update on metabolic effects on long-term intrathecal opioids P. De Negri (Italy)</p> <p>Practical considerations for selection of appropriate patient S. Eldabe (UK)</p> | <p>Ask the Expert 04: Optimal analgesic nerve blocks for total knee arthroplasty and anterior cruciate ligament repair</p> <p>T.F. Bendtsen (Denmark)</p> | <p>Free Papers 3 - Peripheral Nerve Blocks</p> | <p>Clinical Workshop/ OR 3: Pelvis / Hip / Femur surgery</p> <p>WS leader: X. Sala-Blanch (Spain)</p> <p>Total hip arthroplasty in regional anaesthesia (no central block, paravertebral, lumbosacral block) A. Missair (USA)</p> <p>Analgesia for pelvis surgery: alternatives to epidural anaesthesia J. McDonnell (Ireland)</p> <p>Analgesia for elective hip / femur surgery G.J. Van Geffen (The Netherlands)</p> | <p>Live demonstrations 6</p> <p>A. Krol (UK)</p> <p>Whiplash injury - What we understand and what to do ? Cervical</p> | <p>(15:00 - 18:00)</p> <p>WS Leader: S. Gligorjevic (Switzerland)</p> <p>Table 1 Proximal upper extremity blocks (interscalene, supra and infraclavicular) P. Balaji (UK)</p> <p>Table 2 Distal upper extremity blocks (axillary, ulnar, radial, median at elbow and wrist level) S. Gligorjevic (Switzerland)</p> <p>Table 3 Lower extremity blocks (femoral, adductor canal, saphenous, obturator, common peroneal and ankle block) J. Azman (Croatia)</p> <p>Table 4 Lower extremity blocks (prox., distal sciatic- approaches, lumbar plexus, quadratus lumborum) B. Nicholls (UK)</p> <p>Table 5 Ultrasound guided nerve blocks (supine) (interscalene, infraclavicular, femoral, adductor canal block, quadratus lumborum) T. Wiesmann (Germany)</p> <p>Table 6 Ultrasound guided nerve blocks (prone) (proximal and distal sciatic approaches, lumbar plexus, optional: paravertebral block) A. Sauter (Norway)</p> |
| | | <p>Ask the expert 05: The retroclavicular approach to the infraclavicular area</p> <p>A. Pawa (UK)</p> | <p>Ask the expert 06: Post-operative cognitive function following general versus regional anaesthesia</p> <p>A. Borgeat (Switzerland)</p> | <p>Ask the expert 07:</p> <p>An update on abdominal wall blocks</p> <p>M. Beaussier (France)</p> | <p>Tips and tricks from the expert for advance use L.F. Valdes Vilches (Spain)</p> | | | |
| 16.30 - 17.20 | <p>Tips and tricks 06: Ambulatory peripheral nerve block</p> <p>G. Iohom (Ireland)</p> | <p>Ask the Expert: 08: Anaesthesia in high risk orthopaedic patients: keep it simple</p> <p>S.G. Memtsoudis (USA)</p> | <p>Refresher Knowledge 15: Building the knowledge: etiology - physiopathology - imaging - of large joints (ie hip blocks, genicular nerves block, etc)</p> <p>A. Krol (UK)</p> | <p>Refresher Knowledge 16:</p> <p>Head and face pain; minimal invasive treatment modalities N.S. Özyalçın (Turkey)</p> | <p>Free Papers 4 - Central Nerve Blocks</p> | | | |
| 17.30 - 18.20 | | | | | | | | |

FRIDAY 14 September 2018

| TIMING | LIFFEY A | LIFFEY HALL 2 | LIFFEY MR 2 | LIFFEY HALL 1 | ECO CEM ROOM | WICKLOW HALL 2A & 2B | WICKLOW HALL 1 | OFFSITE: Cadaver Workshops |
|---------------|--|---|--|---|---|---|---|---|
| 8.30 - 9.20 | <p>Networking Session 10: Enhanced Recovery After Surgery (ERAS) protocols – Regional anaesthesia and the impact on postoperative outcome. How effective is it? CHAIR: X. Capdevila (France)</p> <p>Peripheral regional anaesthesia for a better postoperative functional outcome? X. Capdevila (France)</p> <p>How to build up a protocol L. Moran (Ireland)</p> <p>Prevention of Chronic post-op pain C. Hearty (Ireland)</p> <p>Central regional anaesthesia for general surgery: does it provide a better outcome? K. Theodoraki (Greece)</p> | <p>Pro Con Debate 10: Blocks for fractured neck of femur</p> <p>CHAIR: B. O'Donnell (Ireland)</p> <p>PRO: Fascia iliaca blocks are better L. Delaunay (France)</p> <p>CON: QL block is the best choice T. Bendtsen (Denmark)</p> | <p>Networking Session 11: Pediatrics: catheters in children</p> <p>CHAIR: G. Ivani (Italy)</p> <p>Positioning catheters : ESRA ASRA Rules G. Ivani (Italy)</p> <p>Catheters at home E. Ganni (Greece)</p> <p>What can we use: local anaesthetics and adjuvants C. Ecoffey (France)</p> <p>How long ? Risks and benefits V. Mossetti (Italy)</p> | <p>Problem Based Learning Discussion 7: How to manage a Difficult Airway Patient after RA failure</p> <p>E. Moka (Greece)</p> | <p>Ask the expert 9</p> <p>Pain conundrums in children</p> <p>B. Mislovic (Ireland)</p> | <p>Clinical Workshop/ OR 7: PACU / ICU: useful use of US</p> <p>WS leader: A. Saporito (Switzerland)</p> <p>Ultrasound for airway evaluation A. Makris (Greece)</p> <p>Ultrasound for gastric evaluation P. Gautier (Belgium)</p> <p>Lung and Diaphragm A. Saporito (Switzerland)</p> <p>Ultrasound for ophthalmic surgery L. Beylaccq (France)</p> | <p>Live demonstrations 7</p> <p>The supra- and infraclavicular block: single shot and catheter placement</p> <p>X. Sala-Blanch (Spain)</p> | <p>Cadaver Workshop 4 (08:00 - 11:00)</p> <p>WS Leader: S. Bloc (France)</p> <p>Table 1 Proximal upper extremity blocks (interscalene, supra and infraclavicular) T.S. Pintařić (Poland)</p> <p>Table 2 Distal upper extremity blocks (axillary, ulnar, radial, median at elbow and wrist level) J. Aguirre (Switzerland)</p> <p>Table 3 Lower extremity blocks (femoral, adductor canal, saphenous, obturator, common peroneal and ankle block) R. Eichholz (Germany)</p> <p>Table 4 Lower extremity blocks (prox., distal sciatic approaches, lumbar plexus, quadratus lumborum) E. Aysu Saliz (Turkey)</p> <p>Table 5 Ultrasound guided nerve blocks (supine) (interscalene, infraclavicular, femoral, adductor canal block, quadratus lumborum) P. Balaji (UK)</p> <p>Table 6 Ultrasound guided nerve blocks (prone) (proximal and distal sciatic approaches, lumbar plexus, optional: paravertebral block) B. Morigg (Austria)</p> |
| 9.30 - 10.20 | | <p>Pro Con Debate 11: Intrathecal catheters are the way forward for management of accidental dural puncture.</p> <p>CHAIR: M.Van de Velde (Belgium)</p> <p>PRO: M.Van de Velde (Belgium)</p> <p>CON: N. Lucas (UK)</p> | <p>Refresher Knowledge 17: An update on CRPS</p> <p>D. Hegarty (Ireland)</p> | <p>Problem Based Learning Discussion 8: Epidural-related maternal fever (ERMf) contributes to the development of intrapartum fever?</p> <p>A. Bilir (Turkey)</p> | <p>Free Papers 5 - Paediatric</p> | | <p>Live demonstrations 8</p> <p>Blocks of the lower extremity (femoral, fascia iliaca, adductor canal block, sciatic and obturator nerve blocks) J. Bergium (Denmark)</p> | |
| 10.30 - 11.00 | MORNING BREAK/ EXHIBITION/ E-POSTER DISCUSSIONS in the Exhibition area | | | | | | | |
| 11.00 - 11.50 | <p>AWARDS CEREMONY CHAIR: J. De Andres (Spain) Carl Kotler Award - B. Nicholls (UK) Recognition of Education In Regional Anaesthesia Award - Øivind Kjaasstad (Norway) Albert Van Steenbergue Award - Thomas F. Bendtsen (Denmark) Announcement of the Best Free Paper and E-Poster Winners - J. De Andres (Spain)</p> | | | | | | | |
| 12.00 - 12.50 | <p>Refresher Knowledge 18: Fascial blocks: clicks and pops are back? OR An old fashion new trend? K. Vermeulen (Belgium)</p> | <p>Refresher Knowledge 19: Neuropathic pain prevention: current strategies E. Stavropoulou (Greece)</p> | <p>AGA (ESRA Annual General Assembly)</p> | <p>Free Papers 6 - Postoperative Pain Management</p> | <p>Refresher Knowledge 20: What is the role of systematic reviews/meta-analyses and large database research and what have they taught us?</p> <p>S.G. Mentsoudis (USA)</p> | <p>Clinical Workshop/ OR 5: Thoracic & Abdominal surgery WS leader: M. Karmakar (Hong Kong)</p> <p>Lung surgery and no epidural allowed: how to run a pain-free thorax-OR (paravertebral block, intercostal block) H. Frizelle (Ireland)</p> <p>Clinical pearls from the expert for the expert to master the thoracic OR B. O'Donnell (Ireland)</p> | <p>Live demonstrations 9</p> <p>PECS and other blocks at the thorax level M. Fajardo (Spain)</p> | <p>Cadaver Workshop 5 (12:00 - 15:00)</p> <p>WS Leader: P. Mejravy (UK)</p> <p>Table 1 Proximal upper extremity blocks (interscalene, supra and infraclavicular) A. Saporito (Switzerland)</p> <p>Table 2 Distal upper extremity blocks (axillary, ulnar, radial, median at elbow and wrist level) C. Lobo (Portugal)</p> <p>Table 3 Lower extremity blocks (femoral, adductor canal, saphenous, obturator, common peroneal and ankle block) G.J. Van Geffen (The Netherlands)</p> <p>Table 4 Lower extremity blocks (prox., distal sciatic approaches, lumbar plexus, quadratus lumborum) X. Sala-Blanch (Spain)</p> <p>Table 5</p> <p>Table 6 Ultrasound guided nerve blocks (prone) (proximal and distal sciatic approaches, lumbar plexus, optional: paravertebral block) B. Morigg (Austria)</p> |
| 13.00 - 14.00 | MID-DAY BREAK/ EXHIBITION / E-POSTER VIEWING in the Exhibition area LUNCHEON SESSIONS 8-13 In Liffey B (Tickets Required) | | | | | | | |
| 14.00 - 14.50 | <p>Tips and Tricks 07: Ultrasound Guided regional Anesthesia and yet unresolved issues. Y. Gürkan (Turkey)</p> | | <p>2ND ESRA VIDEO COMPETITION (14:00-15:20)</p> <p>Chair: P. Grossi (Italy)</p> <p>Jury members: C. Lobo (Portugal) E. Moka (Greece) A. Sauter (Norway)</p> | | <p>Ask The Expert 10</p> <p>Blocks around the scalp</p> <p>L. Beylaccq (France)</p> | <p>Clinical Workshop/ OR 5: Thoracic & Abdominal surgery, Cont WS leader: A. Macfarlane (UK)</p> <p>Paravertebral blocks for abdominal surgery P. van de Putte (Belgium)</p> <p>Tips and tricks from the expert: clinical pearls for abdominal surgery for advance regional anaesthesia U. Eichenberger (Switzerland)</p> | <p>Live demonstrations 10</p> <p>Blocks for foot and ankle surgery; popliteal and rescue at the ankle level A. Delbos (France)</p> | |

| 15.00 - 15.30 AFTERNOON BREAK/ EXHIBITION/ E-POSTER VIEWING in the Exhibition area | | | | | | | | |
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| 15.30 - 16.20 | <p>Networking Session 12: Pediatrics: Central block in children</p> <p>Identification of the epidural space in children, a review about the different techniques L. Theleens (The Netherlands)</p> <p>Choice of LAs for epidural blocks in children C. Ecoffey (France)</p> <p>Which indications of epidurals in children in 2018 I. Salvez (Spain)</p> <p>Which indications of caudals in children: european view versus american view K. Boretsky (USA)</p> | <p>Pro Con Debate 12: Wall blocks</p> <p>CHAIR: U. Eichenberger (Switzerland)</p> <p>PRO: T. Bendtsen (Denmark)</p> <p>CON: P. Gautier (Belgium)</p> | <p>Tips and Tricks 08: Obesity and Regional anesthesia. To do or not to do?</p> <p>M. Karmakar (Hong Kong)</p> | <p>Problem Based Learning Discussion 9: My patient is 38 weeks pregnant, has 30.000 platelets and requires labour analgesia</p> <p>B. Carvalho (USA)</p> | <p>Free Papers 7 - Chronic pain Management</p> | <p>Clinical Workshop/ OR 6: Emergency department</p> <p>WS leader: L. Kirchmair (Austria)</p> <p>Clavicular fracture: blocks for analgesia and anesthesia L. Valdés (Spain)</p> <p>Finger and toe fractures: do I have to block the whole arm / lower leg? T. Volk (Germany)</p> <p>The cardiovascular high risk patient with femur neck fracture in the ED is in severe pain: what analgesia? J. Aguirre (Switzerland)</p> <p>Regional anaesthesia in the trauma patient: clinical pearls to avoid discussion about compartment syndrome L. Sermeus (Belgium)</p> | <p>Live demonstrations 11</p> <p>Abdominal wall blocks</p> <p>K. Vermeylen (Belgium)</p> | <p>Cadaver Workshop 6 (15:30-18:30)</p> <p>WS Leader: M. Fajardo (Spain)</p> <p>Table 1 Proximal upper extremity blocks (interscalene, supra and infraclavicular) Alain Borgeat (Switzerland)</p> <p>Table 2 Distal upper extremity blocks (axillary, ulnar, radial, median at elbow and wrist level) L. Delaunay (France)</p> <p>Table 3 Lower extremity blocks (femoral, adductor canal, saphenous, obturator, common peroneal and ankle block) J. Azman (Croatia)</p> <p>Table 4 Lower extremity blocks (prox., distal sciatic- approaches, lumbar plexus, quadratus lumborum) D. Dirzu (Romania)</p> <p>Table 5 Ultrasound guided nerve blocks (supine) (interscalene, infraclavicular, femoral, adductor canal block, quadratus lumborum) M. Fajardo (Spain)</p> <p>Table 6 Ultrasound guided nerve blocks (prone) (proximal and distal sciatic approaches, lumbar plexus, optional: paravertebral block) R. Eichholz (Germany)</p> |
| 16.30 - 17.20 | | <p>Pro-Con 13: Are the peripheral blocks feasible for thoracic surgeries?</p> <p>CHAIR: N. Rawal (Sweden)</p> <p>PRO: Peripheral J. Borglum (Denmark)</p> <p>CON: Neuraxial P. Kessler (Germany)</p> | <p>Tips and Tricks 09: Setting up formal training in RA: overcoming the obstacles of a busy teaching hospital</p> <p>A. Gottschalk (Germany)</p> | <p>Problem Based Learning Discussion 10: Pudendal neuralgia</p> <p>E. Bautrant (France)</p> | <p>Free Papers 8 - Miscellaneous</p> | <p>Live demonstrations 11</p> <p>Central and paravertebral blocks</p> <p>M. Karmakar (Hong Kong)</p> | | |

| SATURDAY 15 September 2018 | | | | | |
|----------------------------|--|---|---|---|--|
| TIMING | LIFFEY A | LIFFEY HALL 2 | LIFFEY MR 2 | LIFFEY HALL 1 | WICKLOW HALL 2A & 2B |
| 8.30 - 9.20 | <p>Networking Session 13: Central and Peripheral Neuromodulation: Where Are We Going?</p> <p>CHAIR: S.Eidabe (UK)</p> <p>Current indications of SCS, FBSS, CRPS, neuropathy. Do the same scheduling parameters for all indications? J. De Andres (Spain)</p> <p>Sphenopalatine ganglion (SPG) neuromodulation in headache disorders, facial pain syndromes, and other facial neuralgias M. Matharu (UK)</p> | <p>Refresher Knowledge 21: Spread the knowledge in regional anaesthesia: what are the new ways of transmission</p> <p>L. Mercadal (France)</p> | <p>Refresher Knowledge 22: What's sympathetic about acute pain?</p> <p>J. McDonnell (Ireland)</p> | <p>Ask the expert 11: Clinical Pathways for Total Knee Joint Arthroplasty: Essential</p> <p>S.G. Memsoudis (USA)</p> | <p>Workshop/ OR 4: Knee Foot and Ankle surgery</p> <p>WS leader: T.F. Bendsten (Denmark)</p> <p>Anterior cruciate ligament surgery: basic approaches to the femoral nerve J. Aguirre (Switzerland)</p> <p>Posterior cruciate ligament surgery: basic approaches to the sciatic nerve A. Saporito (Switzerland)</p> |
| 9.30 - 10.20 | <p>Vagus nerve stimulation P. Staats (USA)</p> <p>The pain after amputation: Spinal cord stimulation, dorsal root ganglion or peripheral nerve? S.Eidabe (UK)</p> | <p>Tips and tricks 10: Perioperative Management of Children with Chronic Pain</p> <p>E. Garini (Greece)</p> | <p>Ask the expert 12</p> <p>Transmuscular Quadratus Lumborum block- Indications and limitations in Renal and Gynecologic surgery</p> <p>J. Berglum (DK)</p> | <p>Free Papers 9 - Case Reports</p> | <p>My blocks in the foot OR do not work! Rescue blocks at the ankle and knee level! V. Frkovic (Sweden)</p> <p>Clinical pearls in foot and ankle surgery for advance regional anaesthesia A. Delbos (France)</p> |
| 10.30 - 11.00 | MORNING BREAK/ E-POSTER VIEWING on Level 1 + 2 Foyer | | | | |
| 11.00 - 11.50 | <p>Networking Session 14: Cancer Pain Management</p> <p>CHAIR: A. Vadalouca (Greece)</p> <p>Opioid Rotation and Cancer Pain Management G. Votta Velis (USA)</p> | <p>Tips and tricks 11: Regional anaesthesia in recovery - rescue blocks</p> <p>H. Frizelle (Ireland)</p> | <p>Refresher Knowledge 23: Clinical Anatomy for Regional anaesthesia from peripheral nerve to spinal cord revisited</p> <p>M.A. Reina (Spain)</p> | <p>Ask the expert 13</p> <p>Safety profile of caudal analgesia</p> <p>H. Trindade (Portugal)</p> | <p>Workshop/ OR 8: All Blocks in One Go Workshop</p> <p>Blocks to be demonstrated: Interscalene block, Supraclavicular block, Infraclavicular block, Axillary block, Femoral nerve block / Fascia iliaca block, Proximal approaches to the sciatic nerve, Popliteal nerve block, Abdominal wall blocks</p> |
| 12.00 - 12.50 | <p>Interventional Techniques in Cancer Pain Management P. De Negri (Italy)</p> <p>Palliative Care in Cancer Patient A.Vadalouca (Greece)</p> | <p>Tips and tricks 12: RA in elderly day stay surgery patient</p> <p>B. Kinirons (Ireland)</p> | <p>Refresher Knowledge 24: What can regional anaesthesia tell us about the brain?</p> <p>J. Aguirre (Switzerland)</p> | <p>Networking session 15: EDRA - What you need to know for EDRA (Special patient groups and complications)</p> <p>CHAIR: A. Borgeat (Switzerland)</p> <p>Regional anaesthesia for the obstetric patient: an update in modern practice I. Loughrey (Ireland)</p> <p>Regional anaesthesia for pediatric patients: like regional anaesthesia for adults? E. Garini (Greece)</p> <p>The elderly and the obese patients: a challenge for regional anaesthesia G. Votta-Velis (USA)</p> <p>Choice of RA techniques for UL/LL surgery in respiratory compromised patients B. O'Donnell (Ireland)</p> <p>Nerve damage after central and peripheral and central nerve block K. Theodoraki (Greece)</p> <p>The impact of regional anaesthesia, treatment and follow up A. Borgeat (Switzerland)</p> <p>Local anesthetic systemic intoxication: how to prevent, how to diagnose and how to treat? EA. Salvi (Turkey)</p> <p>Difficult clinical cases: how to assess a patient for regional anaesthesia? A. Saporito (Switzerland)</p> | <p>Session 1: WS leader: Luc Sermeus (BE) Demonstrators: • A. Macfarlane (UK) • L. Mercadal (France) • A. Makris (Greece) • L. Vlachonirai (Austria) • G.J. Van Geffen (The Netherlands) • L. Moran (Ireland) • S. Mannion (Ireland)</p> <p>Session 2: WS leader: M. Wolmarans (UK) Demonstrators: • D. Dirzu (Romania) • T. Volk (Germany) • A. Saporito (Switzerland) • J.G. McDonnell (Ireland) • M. Oldman (UK) • A. Sauter (Norway) • V. Frkovic (Sweden)</p> <p>Session 3: WS leader: C. Lobo (Portugal) • L.F. Valdés Vilches (Spain) • O. Rontes (France) • C. Lobo (Portugal) • H. Costa Rebelo (Portugal) • W. Ambruster (Germany) • A. Kroll (UK) • Y. Gürkan (Turkey)</p> |